



# Salutation

HOTEL & SPA

## Lunch Menu

Served Monday to Saturday,  
12pm-1:45pm

Sunday Carvery served 12pm – 2pm

### Soup of the Day

*Freshly prepared seasonal soup served  
with crusty bread*

### Hot Pots

An individual pot serving of versions of a classic dish

#### Kirkstone Bake

*Our take on a traditional cottage pie made from beef mince, onions, carrots,  
and leeks, topped with a cheesy mash, and finished with pickled red cabbage  
GF*

#### Lamb Hot Pot

*Tender slow-cooked lamb with seasonal vegetables and black pudding,  
in a rich, flavourful gravy, topped with crispy sliced potatoes. GF*

#### Loaded Nachos

*Crispy tortilla chips topped with slow-cooked beef chilli and melted cheese,  
served with salsa, guacamole and sour cream*

#### Cauliflower Cheese

*Creamy cauliflower cheese topped with crispy croutons  
served with crusty bread V*

All **£11.95**

## Sides

Fries

£5.50

Chunky Chips

£5.50

## Hot Drinks

All coffees available as decaf

Americano

Espresso

Latte

Flat White

Cappuccino

Hot Chocolate

English Breakfast Tea

Herbal Teas

Camomile, Peppermint, Ginger & Lemon,  
Green Tea, Decaf, Earl Grey

All **£3.50**