



ELEMIS EXPERT™ TOUCH FACIALS

Touch Nourish Facial

Cleanse, Rebalance & Revive

25min £70 | 50min £95

Boost skin radiance with our triple cleanse facial infused with a blend of antioxidant-rich facial oils, leaving your skin feeling nourished, rebalanced and revived.

Touch Reveal Facial

Resurface, Smooth & Glow

25min £70 | 50min £95

Powered by our patented Tri-Enzyme technology this facial helps to minimise the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing.

Touch Renew Facial

Hydrate, Lift & Firm

25min £70 | 50min £95

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.

Touch Define Facial

Energise, Rejuvenate & Sculpt

50min £95 | 80min £125

This innovative facial captures the power of clinically proven intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted looking skin. For the ultimate facial experience book our 80min option.

ELEMIS EXPERT™ ADD ONS

Choose from our range of specialised treatments designed to target specific concerns

Elemis Expert™ Collagen Eye Boost

10min | £20

Brighten, Hydrate & Revitalise

Elevate your facial experience with our targeted eye treatment add on, specially designed to brighten, hydrate, and revitalise.

Elemis expert™ Restorative Head Massage

10min | £20

Rebalance, Restore & Relieve

Combined with your main treatment, our restorative head massage, performed without the use of oil, helps to alleviate tension in the neck and scalp leaving you feeling completely rebalanced.

ELEMIS

Salutation
HOTEL & SPA

Treatment list

Where Luxury Meets Serenity

Salutation
HOTEL & SPA

Salutation Hotel & Spa, Lake Road, Ambleside, LA22 9BX
015394 32244 | www.classiclodges.co.uk

*Terms and conditions apply to all
treatments booked and to get in
touch for more details*



Welcome to The Salutation Spa

Nestled in the heart of Ambleside, our spa is a place of calm, comfort, and renewal. Here, time slows down and every detail is designed with your wellbeing in mind.

We are proud to partner with ELEMIS, the globally acclaimed British skincare brand renowned for its results-driven treatments and luxurious products. With nature-inspired therapies and cutting-edge formulas, ELEMIS delivers visible results and a truly indulgent experience.

Whether you're here for a restorative massage, a revitalising facial, or a full day of relaxation, our expert therapists will tailor every treatment to you. Let the stress of everyday life drift away and allow yourself to be refreshed, rebalanced, and renewed.

Your journey to total relaxation begins here.

To discuss any of our treatments or to book please call us on:
015394 32385



Manicure

50min | £55

Treat your hands to a luxurious manicure using CND Vinylux polish. This treatment includes nail shaping, cuticle care, hand and forearm massage and polish application that delivers a vibrant, high-shine finish.

Pedicure

50min | £55

Treat your feet to a relaxing pedicure using CND Vinylux polish. This treatment includes nail shaping, cuticle care, foot massage and polish application, offering a smooth vibrant, long-lasting shine.

Please Note: We do not offer gel or shellac services and do not provide removal for these products.

Deep Tissue

Tension-Ease Massage

Renewed, Grounded & Focused

25min £70 | 50min £95

Perfect for combating a busy lifestyle, this full body massage offers more than just muscle relaxation it is tailored to ease tension and target deep-seated muscle knots, leaving you feeling renewed, grounded and focused.

Peaceful Pregnancy Massage

Nurture, Restore & Calm

60min | £100

12-38 weeks this tranquil and restorative mother-to-be massage deeply hydrates skin that is expanding to accommodate your growing baby. Aromatics, which are safely formulated to be used during pregnancy, are selected for optimum wellbeing, leaving you feeling nurtured, restored and calm.

ELEMIS EXPERT™

Absolute Face + Body Ritual

Restored, Rejuvenated & Renewed

50min £130 | 75min £155

100min £180

A fully bespoke face and body experience, tailored by you or expertly prescribed by your therapist for total head-to-toe renewal. £10 saving* included when booked as a ritual

Your Ritual Includes:

- Bespoke Face – Elemis Expert Touch (25 or 50 minutes)
- Bespoke Body – Deep Tissue Tension Ease Back Massage (25 minutes) or Full Body Massage (50 minutes)

WATERFALL SPA TREATMENTS

Walkers Leg Massage

25min | £70

(Light/Medium/Deep pressure) Perfect for active, tired legs. This treatment uses deep, precise massage and drainage movements to ease muscle soreness and boost the circulation to relieve aching legs and feet.

Signature Massage

60min | £100

(Light/Medium pressure) Our Full Body Relaxing Massage with essential oils soothes muscles, relieves tension, and restores energy.

Customised to your needs, it's the perfect way to relax and recharge.

Hot Stones Massage

50min | £95

(Light/Medium pressure) Experience deep relaxation with our Hot Stones Massage, where warm stones melt away tension and soothe sore muscles.

SPA PACKAGES

Mini afternoon tea with a glass of prosecco

2 hours use of the hotel facilities (*pool slots must be reserved at the time of booking*)

Robe and slippers to use for the duration of your package. Hotel leisure facilities include swimming pool, outdoor hydrotherapy pool, sauna, steam room, Jacuzzi and gym.

Indulgence Package £160

Choose from one of the following treatments:

- Expert Touch Facial (50min)
- Deep Tissue Tension-Ease Massage (50min)
- Hot Stones Massage (50min)
- Signature Body Massage (60min)

Relax + Unwind Package £125

Choose from one of the following treatments:

- Expert Touch Facial (25min)
- Deep Tissue Tension-Ease Back Massage (25min)
- Walkers Leg Massage (25min)
- Manicure (50min)
- Pedicure (50min)

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*Not a discount from the listed price